

CENTRE PROGRAMS

GROUP FITNESS CLASSES

Pump, Balance, RPM & Metafit
Casual entry, class passes & memberships available.

JUNIOR BASKETBALL PROGRAM

For kids in Years 1-2

SOCIAL NETBALL

Ladies and mixed competition

INDOOR HOCKEY

Ladies competition

MOVE & GROOVE - LATIN LINE DANCING

Dance your way to fitness...and fun!

LIVING LONGER LIVING STRONGER

Strength training for the over 50's

SPORTYTOTS

Sport based play program for young children, aged 18months-5 years old

INDOOR PLAYROOM

Indoor play room for little kids, up to 5 years old

#NO LIMITS

Sport based program for people with disabilities

ROLLERSKATING

Kids skate nights held each school term and holidays



Financial assistance of up to \$150 is available for children aged 5-18 years to participate in club sports. For more information, contact Krys at Roche Park 9734 4388

Birthday Party Hire

We hire our minor court space for children's birthday parties. Contact us for more information.

OPENING TIMES

Monday-Thursday 8:30am-late
Friday 8:30am-12pm

Weekends & Public Holidays CLOSED

Court space available to hire.
Enquire at the front counter.



Roche Park Recreation Centre
Coombes Street, Collie 6225
Ph: 9734 4388

Email : rp.reception@collie.wa.gov.au

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ROCHEPARK RECREATION CENTRE

PROGRAM GUIDE

Summer 2019

Group Fitness

Indoor Hockey

Junior Sports

Move and Groove

Living Longer Living Stronger

Social Netball

Indoor Playroom

No Limits

CENTRE PROGRAM TIMETABLE

Summer 2019

	MON	TUES	WED	THURS	FRI
6.15am	BODY PUMP	RPM	METAFIT	RPM	
8.00am		LIVING LONGER LIVING STRONGER		LIVING LONGER LIVING STRONGER	
9.15am	RPM	BODY BALANCE	BODY PUMP	BODY BALANCE	METAFIT
9.30am			SPORTYTOTS		
10.00am	INDOOR PLAYROOM 10AM-12PM	INDOOR PLAYROOM 10AM-12PM		INDOOR PLAYROOM 10AM-12PM	INDOOR PLAYROOM 10AM-12PM
10.30am	LIVING LONGER LIVING STRONGER	LIVING LONGER LIVING STRONGER MOVE & GROOVE LINE DANCING	#NO LIMITS	LIVING LONGER LIVING STRONGER	
Afternoon	COLLIE BASKETBALL ASSOCIATION	RP JUNIOR BASKETBALL 3.30PM COLLIE BASKETBALL ASSOCIATION			
5.30pm		BODY BALANCE	RPM		
6.00pm			RP SOCIAL NETBALL	RP INDOOR HOCKEY	
6.30pm	BODY PUMP		BODY PUMP		