

## Centre Programs

### GROUP FITNESS CLASSES

Pump, Balance, RPM & Metafit  
Casual entry, class passes & memberships available.

### JUNIOR BASKETBALL PROGRAM

For kids in Years 1-2

### SOCIAL NETBALL

Ladies competition

### MOVE & GROOVE - LATIN LINE DANCING

Dance your way to fitness...and fun!

### LIVING LONGER LIVING STRONGER

Strength training for the over 50's

### SPORTYTOTS

Sport based play program for young children, aged 18months-5 years old

### INDOOR PLAYROOM

Indoor play room for little kids, up to 5 years old

### #NO LIMITS

Sport based program for people with disabilities

### ROLLERSKATING

Kids skate nights held each school term and holidays



## Birthday Party Hire

We hire our minor court space for children's birthday parties.  
Contact us for more information.



## Opening Times

Monday-Thursday 8:30am-late  
Friday 8:30am-12pm

Weekends & Public Holidays CLOSED

Court space available to hire.  
Enquire at the front counter.

Roche Park Recreation Centre  
Coombes Street, Collie 6225  
Ph: 9734 4388

Email : [rp.reception@collie.wa.gov.au](mailto:rp.reception@collie.wa.gov.au)

*Stay up to date. Like us on Facebook!*



Shire of  
**Collie**

# CENTRE PROGRAM GUIDE

- Term 2 -

**ROCHE PARK**  
RECREATION CENTRE

# CENTRE PROGRAM TIMETABLE

Term 2 2019

|           | MON                                 | TUES  | WED  | THURS                               | FRI                             |
|-----------|-------------------------------------|---|--|-------------------------------------|---------------------------------|
| 6.15am    | BODY PUMP                           |   | METAFIT  |                                     |                                 |
| 8.00am    |                                     | LIVING LONGER<br>LIVING<br>STRONGER   |  | LIVING LONGER<br>LIVING<br>STRONGER |                                 |
| 9.15am    | RPM                                 | BODY BALANCE  |  | BODY BALANCE                        | METAFIT                         |
| 9.30am    |                                     |   | SPORTYTOTS                                       |                                     |                                 |
| 10.00am   | INDOOR<br>PLAYROOM<br>10AM-12PM     | INDOOR<br>PLAYROOM<br>10AM-12PM   |  | INDOOR<br>PLAYROOM<br>10AM-12PM     | INDOOR<br>PLAYROOM<br>10AM-12PM |
| 10.30am   | LIVING LONGER<br>LIVING<br>STRONGER | LIVING LONGER<br>LIVING<br>STRONGER<br><br>MOVE &<br>GROOVE LINE<br>DANCING | #NO LIMITS                                       | LIVING LONGER<br>LIVING<br>STRONGER |                                 |
| Afternoon | COLLIE NETBALL<br>ASSOCIATION       | RP JUNIOR<br>BASKETBALL<br>3:30PM   |  |                                     |                                 |
| 5.30pm    |                                     | BODY BALANCE  | RPM  |                                     |                                 |
| 6.00pm    |                                     |   | RP SOCIAL<br>NETBALL                             |                                     |                                 |
| 6.30pm    | BODY PUMP                           |   | BODY PUMP<br>COLLIE<br>VOLLEYBALL<br>ASSOCIATION |                                     |                                 |