










	MON	TUES	WED	THURS	FRI
MORNING FITNESS CLASSES & PROGRAMS					
6.15am		LES MILLS RPM		LES MILLS RPM	
8.00am		 Strength for Life <small>Live longer. live stronger</small>		 Strength for Life <small>Live longer. live stronger</small>	
9.00am					
9.15am		LES MILLS BODYBALANCE	 Functional Fitness	LES MILLS BODYBALANCE	
9.30am					
10.30am	 LINE DANCING			 Strength for Life <small>Live longer. live stronger</small>	
11.00am			 <small>Collie Inclusive Sports</small>		
EVENING FITNESS CLASSES & PROGRAMS					
5.15pm	LES MILLS RPM	LES MILLS BODYSTEP	LES MILLS RPM		
6.00pm			 Social NETBALL		
6.15pm	LES MILLS BODYPUMP	LES MILLS BODYBALANCE	LES MILLS BODYPUMP	 ZUMBA	